

## **Healthy Youth and Schools Commission**

810 First St, NE Room 4002

March 12, 2013

5:00 PM-7:00 PM

**Commissioners in attendance:** Alexandra Ashbrook, Jenny Backus, Cara Biddle, Lauren Biel, Shawanda Davis, Adele Fabrikant, Amy Nakamoto, Kendra Rowe Salas, Sandra Schlicker, Charneta Scott, Alex Lewin-Zwerdling

**Missing Commissioners:** Naomi Deveau, Vacant DOH representative

**Others in attendance:** Alyia Smith-Parker (DC Hunger Solutions), Ivy Ken (GWU), Peter Forbes (Trees for the Planet), Erin Watts (OSSE), Nancy Katz (OSSE), Dawanna James-Holly (OSSE), Brittany Oberdorff (OSSE), Richard Fowler (PCSB), Nisha Narayanan (Team KiPOW), Andy Laine (CM Mary Cheh)

### **Introductions/Recap of Last Meeting**

The Commission has formed three sub-committees:

- 1) Communications
- 2) Evaluation
- 3) Physical and Health Education

### **Report from Each of the Sub-Committees**

- 1) **Communications:** Alexandra Ashbrook, Jenny Backus, Lauren Biel, Shawanda Davis, Charneta Scott, Alex Lewin-Zwerdling (Brittany Oberdorff)
  - a. Infographic
    - Feedback obtained on two prototypes created as a courtesy by Powell Tate.
    - Sub-committee review feedback and present final design for Commission approval.
    - Possible multifunctional use: hang as a banner in schools, posted on social media outlets, website
  - Tip of the Month
    - Example: Did you know the DC Physical Activity for Youth (DC PAY) grant is helping schools increase physical activity?
      - a. Current DCPAY grantee profile
    - Possible Dissemination: DCPS Principal Portal, PCS Tuesday Bulletin, OSSE LEA Look Forward, Facebook, local TV station, Washington Post and Examiner, webpages, Government agency waiting rooms.
- 2) **Evaluation:** Lauren Biel, Sandra Schlicker, Alex Lewin-Zwerdling, (Erin Watts)

- a. Current data sources: Youth Risk Behavior Surveillance System (YRBSS), DC CAS, School Health Profile, CDC school health profiles, meal program participation, health certificate
  - b. Current evaluation efforts
    - No requirements/guidelines written into HSA
    - American University with funding from Kaiser Permanente is evaluating some of the data
  - c. Mapping
    - Will work with DC Office of Planning develop an interactive map that lists the health and wellness programs at each school.
- 3) **Physical and Health Education:** Jenny Backus, Cara Biddle, Naomi Deveaux, Amy Nakamoto, (Erin Watts)
- a. Schools are struggling to meet the SY 2014-2015 requirements
  - b. Possible modifications to legislation discussed
- 4) **Health Forms:** Cara Biddle, Charneta Scott, (Nichelle Johnson)
- a. Group would prefer to have a Department of Health commission representative appointed to follow-up on their previous sub-committee meeting.

### **Commission Rule Updates**

- 1) Open Meetings
  - a) Publish meetings in DC Register
  - b) Send names of new committee members added to Dr. Dawanna James-Holly at [dawanna.james-holly@dc.gov](mailto:dawanna.james-holly@dc.gov).

### **Announcements**

**Nisha Narayanan**, GW Team KiPOW: GW medical students are working with Playworks in two DC schools (Thomas Elementary School and Cesar Chavez Parkside), and are eating lunch with students. Important to involve students in changes and educate them as to why

**Peter Forbes**, Trees for the Planet (TFP): creating a game for students to connect tree planting with environmental health, mapping, gardening, human health, and science themes.

Commission Chair Alexandra Ashbrook will testify at an Education Committee oversight performance hearing on Friday, March 15<sup>th</sup>, at 10:00 AM.

First DC Statewide Athletic Association (DCSAA) girls' and boys' basketball championships were held at the Verizon Center on Monday, March 11<sup>th</sup>. DCSAA baseball championship is scheduled at Nationals Park on June 2<sup>nd</sup>. DCSAA cheerleading championship is scheduled for April 13<sup>th</sup>, location TBD.

**Next HYSC meeting:** Tuesday, May 14, 2013 5:00 PM-7:00 PM at OSSE

Adjourn.